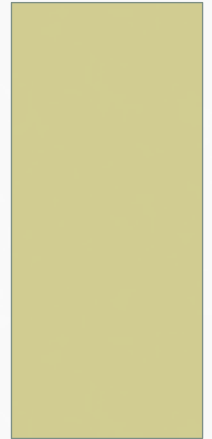


6TH ANNUAL
PRIMARY & BEHAVIORAL
HEALTH INTEGRATION
SUMMIT

OLGA FELTON MSN, RN
DIRECTOR OF NURSING
DIDI HIRSCH MENTAL HEALTH SERVICES

DEC. 2, 2015



OBJECTIVE

Describe the work you and your organizations have done creating and researching the efficacy of the apps and/or on-line tools you've created

TECHNOLOGY-ENHANCED CARE

- **Health Information Technology**
- **Meaningful Use**
- **Telemedicine**
- **Consultations**
- **Collaborative Care**
- **Patient-Centered Care (i.e. Aging in Place)**
- **Healthcare Integration**
- **Education**
- **Mobile Technology**
- **Web-based Systems**
- **Wearables**

TECHNOLOGY-ENHANCED CARE

DIDI HIRSCH MENTAL HEALTH SERVICES

- **Apps for Health Learning Collaborative**
- **Telemental Health**
- **ECHO, Consultations**
- **Group Supervisions**
- **Patient Portal**
- **EHR/Meaningful Use**

APPS FOR HEALTH LEARNING COLLABORATIVE

Mobile Apps

- Tactio
- Ihealth
- Withings
- Apple Health

Online Tools

- ASCVD Risk Estimator

[http://
tools.acc.org/
ASCVD-Risk-
Estimator/](http://tools.acc.org/ASCVD-Risk-Estimator/)

TACTIO HEALTH APP



WITHINGS HEALTH APP

BEST OF
2014

Track. Improve.

Track weight, activity, heart and sleep.
Improve your health.



IHEALTH APP



ASCVD RISK ESTIMATOR

Verizon 6:15 PM

Estimator Clinicians Patients About

ASCVD Risk Estimator*

10-Year ASCVD Risk	Lifetime ASCVD Risk
19.4% <small>calculated risk</small>	69% <small>calculated risk</small>
3.6% <small>risk with optimal risk factors**</small>	5% <small>risk with optimal risk factors</small>

Recommendation Based On Calcul... >

Gender M F

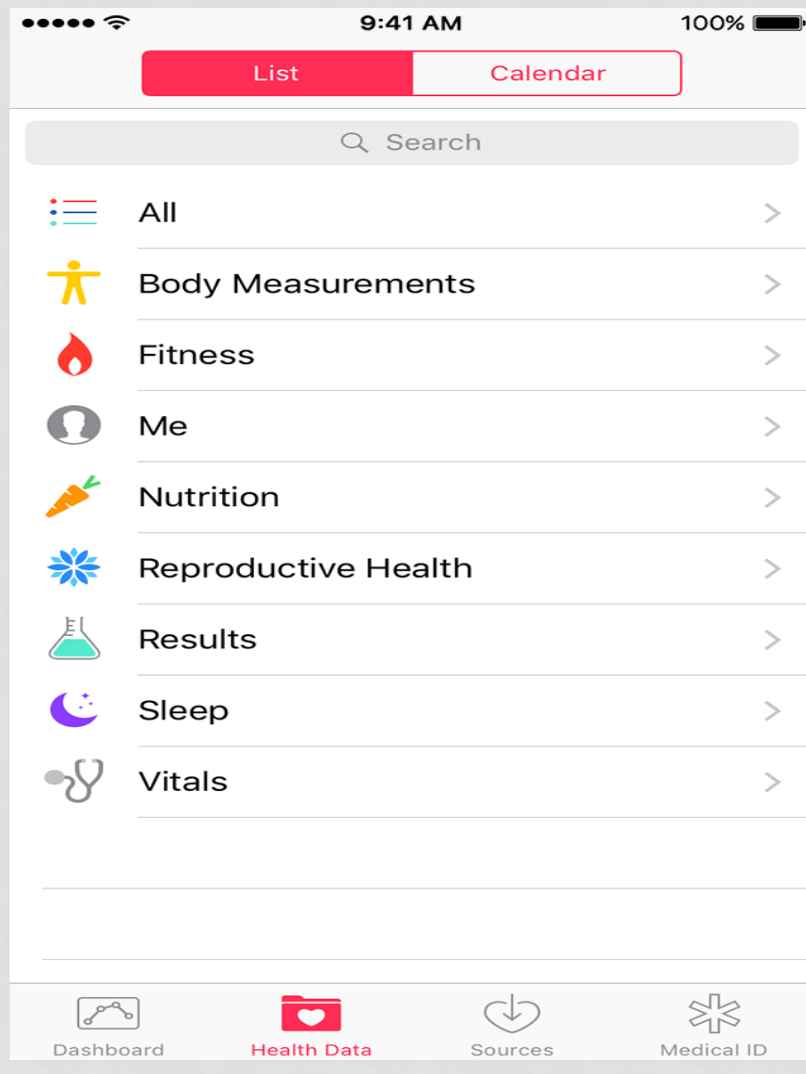
Age

Race

White

African American

APPLE HEALTH APP



CARE DELIVERY ENHANCEMENTS

- **Increased client engagement**
- **Increased chronic disease management**
- **Increased communication with providers**
- **Client-centered care**
- **Innovative care (wellness groups)**
- **Earlier detection and intervention**
- **Group support**
- **Increased coping**

CHALLENGES AND BARRIERS

- **Technical difficulties**
- **Technology-dependent (password, email, devices)**
- **Privacy concerns**
- **Inconsistent tracking**
- **Glitches with apps**
- **Data plans needed**
- **WIFI needed**
- **Costs**
- **Training (staff and clients)**
- **Champions needed**

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